



DANCESYSTEMS - WILD BLOOM CRIB SHEET

Learn the order of these steps off by heart to perfect your moves together!

1. ROMEO & JULIET SPOT TURN
2. HALF ARM FLAIR
3. STEP TAP
4. CIRCULAR WRAP
5. ROCK STEP
6. ROMEO & JULIET SPOT TURN
7. ARM WRAP

Top Learning Tips for Practicing Your Steps

1. Practice One Section at a Time Break the sequence into smaller parts and master each one before linking them together.
2. Count Out Loud Use the counts while practicing — it helps with timing, memory, and coordination.
3. Visualize the Flow Before You Move Mentally walk through the steps before physically doing them. Visualization builds muscle memory faster.
4. Lead & Follow Swap (if learning together) Try each role at least once. It deepens understanding and improves connection.
5. Repeat in Slow Motion Practice slowly at first — speed comes naturally with confidence and muscle memory.
6. Mark Your Practice Space Use tape or visual markers to understand direction, spacing, and alignment.
7. Record Yourself A quick video helps spot small adjustments that makes a big difference.